

Prayer walk

Part 4 – outward prayer life

1. When are you the most spiritually alive? When are you the least spiritually alive? What factors are making the difference between your most and least spiritual living?
2. How were you taught to pray? What are the strengths and what are the limitations of this practice?
3. Read Colossians 4:2 and 1 Thessalonians 5:17; what implications do these passages have for the way we have been taught to pray?
4. Read Colossians 3:15-17; what are the different modes of spiritual life that are being described in this passage? What might the “whatever you do” mode look like?
5. What do you think it means to pray with our eyes wide open?
6. Read proverbs 30; in what way is Agur praying with his eyes wide open?
7. Read John 5:19. In what way does this passage demonstrate that Jesus prays with his eyes wide open?
8. What would it mean to live a life in which we prayed with our eyes wide open? How would such a practice impact our life?

Challenge

1. Spend one day praying with your eyes wide open
2. Reflect on your day
3. Email Steve with some of your reflections

(Song meditation: *Your love is a song* by Switchfoot
<https://www.youtube.com/watch?v=xtZQYY-vx34>)